

A caring church where all are welcome to know the Peace  
and Love of God

## The Parish of Bardsey with East Keswick

The Parish Church of All Hallows, Bardsey, and  
The Church of Saint Mary Magdalene East Keswick

Order of Service for Parish Holy Communion  
Fourth Sunday in Lent, 19<sup>th</sup> March 2023  
8am All Hallows – Mothering Sunday

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### The Greeting – *remain standing*

Minister: Grace, mercy and peace from God our Father and the Lord  
Jesus Christ be with you

All: **And also with you**

### Prayer of Preparation

All: **Almighty God, to whom all hearts are open,  
all desires known, and from whom no secrets are hidden:  
cleanse the thoughts of our hearts by the inspiration of your  
Holy Spirit, that we may perfectly love you, and worthily  
magnify your holy name;  
through Christ our Lord. Amen.**

### Prayer of Penitence

Minister: God shows his love for us in that while we were still sinners,  
Christ died for us.  
Let us then show our love for him  
by confessing our sins in penitence and faith

All: **Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.**

Minister: May almighty God, who forgives all who truly repent,  
have mercy upon you, pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness, and keep you in life  
eternal; through Jesus Christ our Lord. **Amen**

### The Prayer for today

Minister: God of love,  
passionate and strong,  
tender and careful:  
watch over us and hold us  
all the days of our life;  
through Jesus Christ our Lord. **Amen.**

### The Bible readings for today

A Reading from the *book of Exodus (2:1-10)*

About this time, a man and woman from the tribe of Levi got  
married. <sup>2</sup> The woman became pregnant and gave birth to a son. She saw  
that he was a special baby and kept him hidden for three months. <sup>3</sup> But  
when she could no longer hide him, she got a basket made of papyrus

reeds and waterproofed it with tar and pitch. She put the baby in the basket and laid it among the reeds along the bank of the Nile River. <sup>4</sup> The baby's sister then stood at a distance, watching to see what would happen to him. <sup>5</sup> Soon Pharaoh's daughter came down to bathe in the river, and her attendants walked along the riverbank. When the princess saw the basket among the reeds, she sent her maid to get it for her. <sup>6</sup> When the princess opened it, she saw the baby. The little boy was crying, and she felt sorry for him. "This must be one of the Hebrew children," she said.

<sup>7</sup> Then the baby's sister approached the princess. "Should I go and find one of the Hebrew women to nurse the baby for you?" she asked.

<sup>8</sup> "Yes, do!" the princess replied. So the girl went and called the baby's mother. <sup>9</sup> "Take this baby and nurse him for me," the princess told the baby's mother. "I will pay you for your help." So the woman took her baby home and nursed him.

<sup>10</sup> Later, when the boy was older, his mother brought him back to Pharaoh's daughter, who adopted him as her own son. The princess named him Moses, for she explained, "I lifted him out of the water."

This is the word of the Lord. All: **Thanks be to God.**

A Reading from the second book of Corinthians (1:3-7)

<sup>3</sup> All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. <sup>4</sup> He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us. <sup>5</sup> For the more we suffer for Christ, the more God will shower us with his comfort through Christ. <sup>6</sup> Even when we are weighed down with troubles, it is for your comfort and salvation! For when we ourselves are comforted, we will certainly comfort you. Then you can patiently endure the same things we suffer. <sup>7</sup> We are confident that as you share in our sufferings, you will also share in the comfort God gives us.

This is the word of the Lord. All: **Thanks be to God.**

**The Gospel reading for today** – *please remain standing*

Hear the Gospel of our Lord Jesus Christ according to Luke (2:33-35)

<sup>33</sup> Jesus' parents were amazed at what was being said about him. <sup>34</sup> Then Simeon blessed them, and he said to Mary, the baby's mother, "This child is destined to cause many in Israel to fall, and many others to rise. He has been sent as a sign from God, but many will oppose him. <sup>35</sup> As a result, the deepest thoughts of many hearts will be revealed. And a sword will pierce your very soul.

All: **Glory to you, O Lord.**

This is the Gospel of the Lord. All: **Praise to you, O Christ.**

**Address** – *please sit*

**Affirmation of Faith** – *please stand*

All: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the  
Scriptures;  
he ascended into heaven and is seated at the right hand of  
the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and  
glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **Prayers of intercession**

Minister: In the power of the Spirit and in union with Christ, let us sit or kneel to pray to the Father

*After:* Lord, in your mercy - *Please respond:*       **Hear our prayer.**

*After:* Merciful Father - *Please respond:*   **Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

### **The Peace – please stand**

Minister: Let the peace of Christ rule in your hearts,  
since as members of one body you are called to peace.

The peace of the Lord be always with you.

All:       **And also with you.**

Minister: Let us offer one another a sign of peace

### **The Eucharistic Prayer – please sit or kneel**

Minister: The Lord be with you

All:       **and also with you.**

Minister: Lift up your hearts.

All:       **We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

All:       **It is right to give thanks and praise.**

Minister: It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast

with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and *saying*:

All: **Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory. Hosanna in the  
highest.**

Minister: Lord, you are holy indeed, the source of all holiness  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine may be to us the body and blood of  
our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper he took the cup  
and gave you thanks;  
he gave it to them, saying: Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith

All: **Christ has died: Christ is risen: Christ will come again.**

Minister: And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,

and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy to stand in your  
presence and serve you.  
Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen**

Minister: As our Saviour taught us, so we pray:

All: **Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

Minister: We break this bread to share in the body of Christ.

All: **Though we are many, we are one body, because we all share  
in one bread.**

**Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us.**

**Jesus, redeemer of the world, grant us peace.**

Minister: Draw near with faith.

Receive the body of our Lord Jesus Christ,  
which he gave for you, and his blood which he shed for you.  
Eat and drink in remembrance that he died for you,  
and feed on him in your hearts by faith with thanksgiving.

All: **Most merciful Lord, your love compels us to come in.  
Our hands were unclean, our hearts were unprepared;  
we were not fit even to eat the crumbs from under your table.**

**But you, Lord, are the God of our salvation,  
and share your bread with sinners.**

**So cleanse and feed us with the precious body  
and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom. Amen.**

*You are most welcome to come to the altar rail to take  
communion. If you would prefer to receive a blessing, carry this  
service sheet with you.*

### **The Post-Communion Prayer**

Minister: Loving God,  
as a mother feeds her children at the breast  
you feed us in this sacrament with the food  
and drink of eternal life:  
help us who have tasted your goodness

to grow in grace within the household of faith;  
through Jesus Christ our Lord. **Amen**

All: **Almighty God, we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies to be a  
living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

Minister: Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen**

Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen.**

***Please stay for refreshments after this service.***

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It's World Water Day on 22 March – please pray for the 2 billion people across the globe who are living without access to safe water and support them by donating to the work of WaterAid - [www.wateraid.org/uk](http://www.wateraid.org/uk)

As part of Lent, a 'Quiet Day' is being organised at the College of the Resurrection, Mirfield (monastic community) on Wednesday 29<sup>th</sup> March, 10am-3pm. We will enjoy the house and grounds, worship in the beautiful chapel and enjoy fellowship. A two course lunch will be served for £10. Please let Angela know if you want to come or the Parish Office.

### **Holy Week Events:**

\* Monday 3rd April – Lent Reflections, All Hallows Church 7pm

Tuesday 4th April – Lent Reflections, St Mary Magdalene 7pm

\* Wednesday 5th April – The Seven last words – Heritage Singers 7pm

\* Thursday 6th April – Maundy Thursday service, St Mary Magdalene  
7pm

Good Friday – Reflections 11am St Mary Magdalene, 2pm All Hallows

\* Please note we may have to change venues if All Hallows' heating is not repaired in time – do check our website and contact the Office for updates nearer the time.

Did you know you that both churches have a selection of books that you can read and return?

This service sheet is available to download from the website. Why not try that and help save paper!

We are part of the Inclusive Church network - a church which celebrates and affirms every person and does not discriminate.

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