

A caring church where all are welcome to know the Peace  
and Love of God

**The Parish of Bardsey with East Keswick**

**The Parish Church of All Hallows, Bardsey, and  
The Church of Saint Mary Magdalene East Keswick**

Order of Service for Holy Communion  
Tenth Sunday after Trinity, 4<sup>th</sup> August 2024  
Parish Joint Holy Communion  
10am All Hallows, Bardsey

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**We Sing: Guide Me O Thou Great Redeemer (Mission Praise 63)**

Guide me, O thou great  
redeemer, pilgrim through this  
barren land; I am weak, but thou  
art mighty, hold me with thy  
powerful hand; Bread of heaven,  
bread of heaven, feed me now  
and evermore. Feed me now and  
evermore.

When I tread the verge of  
Jordan, bid my anxious fears  
subside; Death of death, and  
hell's destruction, land me safe  
on Canaan's side: Songs of  
praises, songs of praises, I will  
ever give to thee; I will ever give  
to thee.

Open now the crystal fountain  
Whence the healing stream doth  
flow; Let the fiery, cloudy pillar  
Lead me all my journey through:  
Strong deliverer, strong deliverer;  
Be thou still my strength and  
shield; Be thou still my strength  
and shield.

**The Greeting** *(Please remain standing)*

Minister: Grace, mercy and peace from God our Father and the Lord  
Jesus Christ be with you

All: **And also with you**

## **Prayer of Preparation**

**All: Almighty God, to whom all hearts are open,  
all desires known, and from whom no secrets are  
hidden: cleanse the thoughts of our hearts by the  
inspiration of your Holy Spirit, that we may perfectly love  
you, and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## **Prayer of Penitence**

Minister: God shows his love for us in that while we were still sinners,  
Christ died for us. Let us then show our love for him by  
confessing our sins in penitence and faith

**All: Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past and grant that we may serve  
you in newness of life to the glory of your name. Amen.**

Minister: May almighty God, who forgives all who truly repent,  
have mercy upon you, pardon and deliver you from all your  
sins, confirm and strengthen you in all goodness, and keep  
you in life eternal; through Jesus Christ our Lord. **Amen**

## **The Prayer for Today**

Minister: Lord of heaven and earth,  
as Jesus taught his disciples to be persistent in prayer,  
give us patience and courage never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ our Lord. **Amen.**

## The bible readings for today

A reading from the book of Exodus (16:2-4, 9-15)

<sup>2</sup> There, too, the whole community of Israel complained about Moses and Aaron. <sup>3</sup> “If only the Lord had killed us back in Egypt,” they moaned. “There we sat around pots filled with meat and ate all the bread we wanted. But now you have brought us into this wilderness to starve us all to death.” <sup>4</sup> Then the Lord said to Moses, “Look, I’m going to rain down food from heaven for you. Each day the people can go out and pick up as much food as they need for that day. I will test them in this to see whether or not they will follow my instructions. <sup>9</sup> Then Moses said to Aaron, “Announce this to the entire community of Israel: ‘Present yourselves before the Lord, for he has heard your complaining.’” <sup>10</sup> And as Aaron spoke to the whole community of Israel, they looked out toward the wilderness. There they could see the awesome glory of the Lord in the cloud. <sup>11</sup> Then the Lord said to Moses, <sup>12</sup> “I have heard the Israelites’ complaints. Now tell them, ‘In the evening you will have meat to eat, and in the morning you will have all the bread you want. Then you will know that I am the Lord your God.’” <sup>13</sup> That evening vast numbers of quail flew in and covered the camp. And the next morning the area around the camp was wet with dew. <sup>14</sup> When the dew evaporated, a flaky substance as fine as frost blanketed the ground. <sup>15</sup> The Israelites were puzzled when they saw it. “What is it?” they asked each other. They had no idea what it was.

This is the word of the Lord. All: **Thanks be to God.**

A reading from the book of Ephesians (4:1-16)

Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. <sup>2</sup> Always be humble and gentle. Be patient with each other, making allowance for each other’s faults because of your love. <sup>3</sup> Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. <sup>4</sup> For there is one body and one Spirit, just as you have been called to one glorious hope for

the future. <sup>5</sup> There is one Lord, one faith, one baptism, <sup>6</sup> one God and Father of all, who is over all, in all, and living through all.

<sup>7</sup> However, he has given each one of us a special gift through the generosity of Christ.

<sup>8</sup> That is why the Scriptures say, "When he ascended to the heights, he led a crowd of captives and gave gifts to his people."

<sup>9</sup> Notice that it says "he ascended." This clearly means that Christ also descended to our lowly world.

<sup>10</sup> And the same one who descended is the one who ascended higher than all the heavens, so that he might fill the entire universe with himself.

<sup>11</sup> Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers.

<sup>12</sup> Their responsibility is to equip God's people to do his work and build up the church, the body of Christ. <sup>13</sup> This will continue until we all come to such unity in our faith and knowledge of God's Son that we will be mature in the Lord, measuring up to the full and complete standard of Christ.

<sup>14</sup> Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. <sup>15</sup> Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.

<sup>16</sup> He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.

This is the word of the Lord. All: **Thanks be to God.**

### **We Sing: Open Our Eyes Lord (Mission Praise 181)**

Open Our Eyes Lord,  
We want to see Jesus,  
To reach out and touch Him  
And say that we love Him;

Open our ears Lord,  
And help us to listen:  
O open our eyes, Lord.  
We want to see Jesus

## **The Gospel reading for today** *(please remain standing)*

Hear the Gospel of our Lord Jesus Christ according to John (6:24-35)

All: **Glory to you, O Lord.**

<sup>24</sup> So when the crowd saw that neither Jesus nor his disciples were there, they got into the boats and went across to Capernaum to look for him. <sup>25</sup> They found him on the other side of the lake and asked, "Rabbi, when did you get here?" <sup>26</sup> Jesus replied, "I tell you the truth, you want to be with me because I fed you, not because you understood the miraculous signs. <sup>27</sup> But don't be so concerned about perishable things like food. Spend your energy seeking the eternal life that the Son of Man can give you. For God the Father has given me the seal of his approval."

<sup>28</sup> They replied, "We want to perform God's works, too. What should we do?" <sup>29</sup> Jesus told them, "This is the only work God wants from you: Believe in the one he has sent." <sup>30</sup> They answered, "Show us a miraculous sign if you want us to believe in you. What can you do?" <sup>31</sup> After all, our ancestors ate manna while they journeyed through the wilderness! The Scriptures say, 'Moses gave them bread from heaven to eat.'" <sup>32</sup> Jesus said, "I tell you the truth, Moses didn't give you bread from heaven. My Father did. And now he offers you the true bread from heaven. <sup>33</sup> The true bread of God is the one who comes down from heaven and gives life to the world."

<sup>34</sup> "Sir," they said, "give us that bread every day."

<sup>35</sup> Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty.

This is the Gospel of the Lord. All: **Praise to you, O Christ.**

**Address** *(please sit)*

**Affirmation of Faith** *(please stand)*

All: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **Prayers of Intercession**

Minister: In the power of the Spirit and in union with Christ, let us sit or kneel to pray to the Father

*After:* Lord, in your mercy - *Please respond:* **Hear our prayer.**

*After:* Merciful Father - *Please respond:* **Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

## **The Peace** (*Please stand*)

Minister: God is love  
and those who live in love live in God  
and God lives in them.

The peace of the Lord be always with you

All: **And also with you.**

Minister: Let us offer one another a sign of peace

## **We sing: When I Survey the Wondrous Cross (Mission Praise 265)**

When I survey the wondrous  
cross, on which the Prince of  
glory died. My richest gain I count  
but loss, and pour contempt on all  
my pride.

See from His head, His hands,  
His feet, sorrow and love flow  
mingled down: Did e'er such love  
and sorrow meet, or thorns  
compose so rich a crown?

Forbid it, Lord, that I should boast,  
Save in the death of Christ my  
God; All the vain things that  
charm me most, I sacrifice them  
to His blood.

Were the whole realm of nature  
mine, that were an offering far too  
small; Love so amazing, so  
divine, demands my soul, my life,  
my all.

Isaac Watts 1674-1748 CCLI 714723/1307134

## **The Eucharistic Prayer** – *please sit or kneel*

Minister: The Lord be with you

All: **and also with you.**

Minister: Lift up your hearts.

All: **We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

All: **It is right to give thanks and praise.**

Minister: Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,

through whom you have created all things;  
who was sent by you in your great goodness to be our  
Saviour. By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin, he lived on earth and  
went about among us; he opened wide his arms for us on the  
cross; he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.  
Therefore with angels and archangels, and with all the  
company of heaven, we proclaim your great and glorious  
name, for ever praising you and saying:

All: **Holy, holy, holy Lord, God of power and might, heaven  
and earth are full of your glory. Hosanna in the highest.**

Minister: Lord, you are holy indeed, the source of all holiness  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the cup  
and gave you thanks; he gave it to them, saying: Drink this,  
all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of  
sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith

All: **Christ has died: Christ is risen: Christ will come again.**

Minister: And so, Father, calling to mind his death on the cross,



his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen**

Minister: As our Saviour taught us, so we pray:

All: **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.**

Minister: We break this bread to share in the body of Christ.

All: **Though we are many, we are one body, because we all share in one bread. Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, grant us peace.**

Minister: Draw near with faith.

Receive the body of our Lord Jesus Christ,  
which he gave for you, and his blood which he shed for you.  
Eat and drink in remembrance that he died for you,  
and feed on him in your hearts by faith with thanksgiving.

All: **Most merciful Lord, your love compels us to come in.  
Our hands were unclean, our hearts were unprepared;  
we were not fit even to eat the crumbs from under your  
table. But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us with the precious body  
and blood of your Son, that he may live in us and we in  
him; and that we, with the whole company of Christ,  
may sit and eat in your kingdom. Amen.**

*You are most welcome to come to the altar rail to take communion. If  
you would prefer to receive a blessing, carry this service sheet with  
you.*

### **The Post-Communion Prayer**

Minister: God of our pilgrimage,  
you have willed that the gate of mercy  
should stand open for those who trust in you:  
look upon us with your favour  
that we who follow the path of your will  
may never wander from the way of life;  
through Jesus Christ our Lord. **Amen**

All: **Almighty God, we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies to be a  
living sacrifice. Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

## We sing: Stand Up! Stand Up for Jesus (Mission Praise 211)

Stand Up! Stand Up for Jesus!  
Ye soldiers of the cross,  
Lift high His royal banner;  
It must not suffer loss.  
From victory unto victory  
His army shall He lead,  
Till every foe is vanquished  
And Christ is Lord indeed.

Stand up! stand up for Jesus!  
Stand in His strength alone;  
The arm of flesh will fail you,  
Ye dare not trust your own.  
Put on the gospel armour,  
Each piece put on with prayer;  
Where duty calls, or danger,  
Be never wanting there.

Stand up! Stand up for Jesus!  
The trumpet-call obey,  
Forth to the mighty conflict  
In this His glorious day,  
Ye that are men, now serve Him  
Against unnumbered foes;  
Let courage rise with danger,  
And strength to strength oppose.

Stand up! Stand up for Jesus!  
The strife will not be long;  
The day the noise of battle,  
The next the victor's song.  
To him that overcometh  
A crown of life shall be;  
He with the King of Glory  
Shall reign eternally.

George Duffield 1818-88 CCLI:714723/1307134

Minister: The love of the Lord Jesus  
draw you to himself,  
the power of the Lord Jesus  
strengthen you in his service,  
the joy of the Lord Jesus fill your hearts;  
and the blessing of God Almighty, Father, Son and Holy  
Spirit, be with you and remain with you always. **Amen**

Go in peace to love and serve the Lord.

**All: In the name of Christ. Amen.**

Please stay for refreshments after this service.

## Services for August:

Wednesday 7<sup>th</sup> Holy Communion 11am St Mary Magdalene

Sunday 11<sup>th</sup> Holy Communion 8am All Hallows; Family Service with Baptism 9.15am St Mary Magdalane; Family Service 10.45am All Hallows.

Sunday 18<sup>th</sup> Morning Worship 8am All Hallows; Holy Communion 9.15am St Mary Magdalene; Holy Communion 10.45am All Hallows

**Sunday 25<sup>th</sup> One joint parish service for Angela's last service, 10.45am at All Hallows, with lunch served afterwards in church. We hope all will come and the invitation will be extended to the wider community**

The parish office will be open in the mornings during the playgroup summer break. Just ring the office to check that Catriona is there before setting off as we are having some work done in the Callister Hall and it may be a bit chaotic!

There will be no Callister Café in August as Jacquie will be having a well-earned break. It will resume it's great work on September 10<sup>th</sup>.

The next Bible Study Group will be on Thursday 22<sup>nd</sup> August at 2.30pm in the Callister Hall. All welcome.

The Ecclesiastical Parish of Bardsey with East Keswick  
Registered Charity No 1134014

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