

A caring church where all are welcome to know the Peace and Love of God

## **The Parish of Bardsey with East Keswick**

### **The Parish Church of All Hallows, Bardsey, and The Church of Saint Mary Magdalene East Keswick**

Order of Service for Holy Communion, First Sunday of Lent

22 February 2026, 10.30am, All Hallows.

We welcome Ven. Paddy Benson today

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#### **We sing: O Worship the King (A&M 101)**

O worship the King all-glorious above, O gratefully sing his power and his love: our shield and defender, the Ancient of Days, pavilioned in splendour and girded with praise.

O tell of his might, O sing of his grace, whose robe is the light, whose canopy space. His chariots of wrath the deep thunderclouds form, and dark is his path on the wings of the storm.

The earth with its store of wonders untold, almighty thy power hath founded of old; hath stablished it fast by a changeless decree, and round it hath cast, like a mantle, the sea.

Thy bountiful care, what tongue can recite? It breathes in the air, it shines in the light; it streams from the hills, it descends to the plain and sweetly distils in the dew and the rain.

Frail children of dust, and feeble as frail, in thee do we trust, nor find thee to fail. Thy mercies, how tender, how firm to the end, our maker, defender, redeemer, and friend!

O measureless might, ineffable love, while angels delight to him thee above! Thy humbler creation, though feeble their lays, with true adoration shall sing to thy praise!

Robert Grant 1779-1838 CCLI:714723/1307134

## **The Greeting (please remain standing)**

Minister: Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you

All: And also with you.

## **Prayer of Preparation**

All: Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

## **Prayer of Penitence**

Minister: Christ the light of the world has come to dispel the darkness of our hearts. Let us turn to the light and confess our sins.

All: Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

Minister: May almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. Amen

## **The Prayer for Today**

Minister: Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.

**Amen.**

## **The Bible Readings for Today**

*A reading from the book of Genesis (2:15-17, 3:1-7)*

<sup>15</sup> The Lord God took the man and put him in the Garden of Eden to work it and take care of it. <sup>16</sup> And the Lord God commanded the man, “You are free to eat from any tree in the garden; <sup>17</sup> but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die.”

<sup>1</sup> Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden?’” <sup>2</sup> The woman said to the serpent, “We may eat fruit from the trees in the garden, <sup>3</sup> but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’” <sup>4</sup> “You will not certainly die,” the serpent said to the woman. <sup>5</sup> “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.” <sup>6</sup> When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. <sup>7</sup> Then the eyes of both of them were opened, and they realised they were naked; so they sewed fig leaves together and made coverings for themselves.

This is the word of the Lord. **All: Thanks be to God.**

*A reading from Paul’s Letter to the Romans (5:12-19)*

<sup>12</sup> Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all people, because all

sinned—<sup>13</sup> To be sure, sin was in the world before the law was given, but sin is not charged against anyone's account where there is no law. <sup>14</sup> Nevertheless, death reigned from the time of Adam to the time of Moses, even over those who did not sin by breaking a command, as did Adam, who is a pattern of the one to come. <sup>15</sup> But the gift is not like the trespass. For the many died by the trespass of the one man, how much more did God's grace and the gift that came by the grace of the one man, Jesus Christ, overflow to the many! <sup>16</sup> Nor can the gift of God be compared with the result of one man's sin: The judgment followed one sin and brought condemnation, but the gift followed many trespasses and brought justification. <sup>17</sup> For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ!

<sup>18</sup> Consequently, just as one trespass resulted in condemnation for all people, so also one righteous act resulted in justification and life for all people. <sup>19</sup> For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous.

This is the word of the Lord. **All: Thanks be to God**

### We sing: Forty Days and Forty Nights (A&M 56)

Forty days and forty nights  
thou wast fasting in the wild;  
forty days and forty nights  
tempted, and yet undefiled:

Sunbeams scratching all the day;  
chilly dew-drops nightly shed;  
prowling beasts about thy way;  
stones thy pillow, earth thy bed.

Shall not we thy sorrows share,  
and from earthly joys abstain,  
fasting with unceasing prayer,  
glad with thee to suffer pain?

And if Satan, vexing sore,  
flesh or spirit should assail,  
thou, his vanquisher before,  
grant we may not faint nor fail.

So shall we have peace divine;  
holier gladness ours shall be;  
round us too shall angels shine,  
such as ministered to thee.

Keep, O keep us, Saviour dear,  
ever constant by thy side; that  
with thee we may appear at the  
eternal Eastertide.

G. H. Smyttan (1822-70) & F. Pott (1832-1909), CCLI: 1307134/714723

### **The Gospel Reading for Today** (*please remain standing*)

Hear the Gospel of our Lord Jesus Christ according to Matthew (4:1-11)

**All: Glory to you O Lord**

<sup>1</sup> Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup> After fasting forty days and forty nights, he was hungry. <sup>3</sup> The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.” <sup>4</sup> Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’” <sup>5</sup> Then the devil took him to the holy city and had him stand on the highest point of the temple. <sup>6</sup> “If you are the Son of God,” he said, “throw yourself down. For it is written: ‘He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.’” <sup>7</sup> Jesus answered him, “It is also written: ‘Do not put the Lord your God to the test.’” <sup>8</sup> Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour. <sup>9</sup> “All this I will give you,” he said, “if you will bow down and worship me.” <sup>10</sup> Jesus said to him, “Away from me, Satan! For it is written: ‘Worship the Lord your God, and serve him only.’” <sup>11</sup> Then the devil left him, and angels came and attended him.

This is the Gospel of the Lord.

**All: Praise to you, O Christ.**

**Address** (*please be seated*)

## Affirmation of Faith (*please stand*)

All: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate. He suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## Prayers of Intercession

Minister: In the power of the Spirit and in union with Christ, let us sit or kneel to pray to the Father.

*After: Merciful Father, please respond: Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.*

## **The Peace (please stand)**

Minister: Christ is our peace; he has reconciled us to God in one body by the cross.

The peace of the Lord be always with you.

**All: And also with you.**

Minister: Let us offer one another a sign of peace

## **We sing: Amazing Grace (MP 10)**

Amazing grace! How sweet the sound, that saved a wretch like me. I once was lost but now am found, was blind, but now I see.

'Twas grace that taught my heart to fear. And grace, my fears relieved. How precious did that grace appear, the hour I first believed.

Through many dangers, toils and snares I have already come; 'Tis grace hath brought me safe thus far and grace will lead me home.

When we've been there ten thousand years bright shining as the sun. We've no less days to sing God's praise than when we've first begun.

John Newton 1725-1807 CCLI:  
14723/1307134

## **The Eucharistic Prayer (please sit or kneel)**

Minister: The Lord be with you

**All: and also with you**

Minister: Lift up your hearts.

**All: We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

**All: It is right to give thanks and praise.**

Minister: It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days, you lead us into

the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds, we bless you for your mercy and join with saints and angels for ever praising you and saying:

**All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

**Minister:** Lord, you are holy indeed, the source of all holiness grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me. In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**All: Christ has died: Christ is risen: Christ will come again.**

**Minister:** And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious

ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen**

Minister: As our Saviour taught us, so we pray:

**All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.**

Minister: We break this bread to share in the body of Christ.

**All: Though we are many, we are one body, because we all share in one bread. Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, grant us peace.**

Minister: Draw near with faith. Receive the body of our Lord Jesus Christ, which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

**All: Most merciful Lord, your love compels us to come in. Our hands were unclean; our hearts were unprepared;**

**we were not fit even to eat the crumbs from under your table. But you, Lord, are the God of our salvation, and share your bread with sinners. So cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.**

*You are most welcome to come to the altar rail to take communion. If you would prefer to receive a blessing, carry this service sheet with you.*

### **The Post-Communion Prayer**

**Minister:** Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

**All:** **Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

**We sing: And Can It Be (MP 11 repeat bold text)**

And can it be that I should gain  
An interest in the Saviour's blood?  
Died He for me, who caused his  
pain? For me, who Him to death  
pursued?

**Amazing love! How can it be, that  
Thou, my God, shouldst die for  
me!**

'Tis mystery all! The Immortal dies:  
who can explore His strange  
design? In vain the first-born seraph  
tries to sound the depths of love  
divine.

'Tis mercy all! Let earth adore, let  
angel minds inquire no more.

He left His Father's throne above -  
So free, so infinite His grace—  
emptied Himself of all but love and  
bled for Adam's helpless race:  
**'Tis mercy all, immense and free,  
for O my God, it found out me!**

Long my imprisoned spirit lay, fast  
bound in sin and nature's night;  
Thine eye diffused a quickening  
ray—I woke, the dungeon flamed  
with light;

**My chains fell off, my heart was  
free, I rose, went forth, and  
followed Thee.**

No condemnation now I dread;  
Jesus, and all in Him, is mine! Alive  
in Him, my living Head, and clothed  
in righteousness divine.

**Bold I approach the eternal  
throne. And claim the crown,  
through Christ my own.**

Charles Wesley 1707-88 CLI:1307134/714723

Minister: Christ give you grace to grow in holiness, to deny  
yourselves, take up your cross, and follow him; and the  
blessing of God Almighty, Father, Son and Holy Spirit,  
be with you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen**

**Please stay for refreshments after the service.**

Please note from January till March we are temporarily changing our  
service pattern, to be more 'eco' and only heat one building during  
the cold months. Please see website/Village News for more  
information.

## **Services in March**

(all services could be subject to change check website)

Sun 1 Mar: 10.30am Joint Holy Communion, SMM

Wed 4 Mar: 11.00am Holy Communion, SMM

Sun 8 Mar: 8am & 10.30am Holy Communion, AH

Sun 15 Mar: **Mothering Sunday**

8.00am Holy Communion, AH

9.15am Family Service, SMM

10.45am Family Service, AH

Sun 22 Mar: 10.30am Joint Holy Communion, SMM

Sun 29 Mar: **Palm Sunday**

10.30am Joint Holy Communion, AH

## **Churches Together**

Churches Together will be holding a Lent Reflections on Tuesday 17th March from 7-8pm at East Keswick Methodist Church. All are welcome to come for reflective prayer, music and refreshments.

**Please note we are an inclusive Parish** - a church which celebrates and affirms every person and does not discriminate.

The Ecclesiastical Parish of Bardsey with East Keswick

Registered Charity No 1134014

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