

A caring church where all are welcome to know the
Peace
and Love of God

The Parish of Bardsey with East Keswick
The Parish Church of All Hallows, Bardsey, and
The Church of Saint Mary Magdalene East Keswick



Welcome to a Parish Service of Holy Communion
2.00pm Wednesday 18th February 2026
All Hallows Church

Welcome and Introduction

Minister: The Lord be with you

All: and also with you.

Minister: Since the early days Christians have observed the time of the Lord's passion, death and resurrection. It is customary to prepare for this by a season of penitence and self-denial. By carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord. I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination

and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

The Collect

Minister: Holy God, our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. **Amen.**

The Bible Reading for Today

A reading from the prophecy of Isaiah (58:1-12)

¹ "Shout it aloud, do not hold back. Raise your voice like a trumpet.

Declare to my people their rebellion and to the descendants of Jacob their sins. ² For day after day they seek me out; they seem eager to know my ways, as if they were a nation that does what is right and has not forsaken the commands of its God. They ask me for just decisions and seem eager for God to come near them.

³ 'Why have we fasted,' they say, 'and you have not seen it? Why have we humbled ourselves, and you have not noticed?'

"Yet on the day of your fasting, you do as you please and exploit all your workers. ⁴ Your fasting ends in quarrelling and strife, and in striking each other with wicked fists. You cannot fast as you do today and expect your voice to be heard on high. ⁵ Is this the kind of fast I have chosen, only a day for people to humble themselves?

Is it only for bowing one's head like a reed and for lying in

sackcloth and ashes? Is that what you call a fast, a day acceptable to the Lord?

⁶ “Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?

⁷ Is it not to share your food with the hungry and to provide the poor wanderer with shelter—when you see the naked, to clothe them,

and not to turn away from your own flesh and blood?

⁸ Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the Lord will be your rear guard.

⁹ Then you will call, and the Lord will answer; you will cry for help, and he will say: Here am I. “If you do away with the yoke of oppression, with the pointing finger and malicious talk, ¹⁰ and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday.

¹¹ The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail.

¹² Your people will rebuild the ancient ruins and will raise up the age-old foundations; you will be called Repairer of Broken Walls, Restorer of Streets with Dwellings.

This is the word of the Lord. **All: Thanks be to God.**

The Gospel Reading for Today (please stand)

Hear the Gospel of our Lord Jesus Christ according to John (8:1-11)

All: Glory to you, O Lord.

¹ Jesus went to the Mount of Olives.

² At dawn he appeared again in the temple courts, where all the people gathered around him, and he sat down to teach them. ³ The teachers of the law and the Pharisees brought in a woman caught in adultery. They made her stand before the group ⁴ and said to Jesus, "Teacher, this woman was caught in the act of adultery. ⁵ In the Law Moses commanded us to stone such women. Now what do you say?" ⁶ They were using this question as a trap, in order to have a basis for accusing him.

But Jesus bent down and started to write on the ground with his finger. ⁷ When they kept on questioning him, he straightened up and said to them, "Let any one of you who is without sin be the first to throw a stone at her." ⁸ Again he stooped down and wrote on the ground.

⁹ At this, those who heard began to go away one at a time, the older ones first, until only Jesus was left, with the woman still standing there. ¹⁰ Jesus straightened up and asked her, "Woman, where are they? Has no one condemned you?"

¹¹ "No one, sir," she said.

"Then neither do I condemn you," Jesus declared. "Go now and leave your life of sin."

This is the Gospel of the Lord. **All: Praise to you, O Christ.**

Address (please be seated)

Liturgy of Confession

Minister: Let us now call to mind our sin and the infinite mercy of God. God the Father,

All: have mercy on us.

Minister: God the Son,

All: have mercy on us.

Minister: God the Holy Spirit,

All: have mercy on us.

Minister: Trinity of love,

All: have mercy on us.

**All: Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart,
and mind, and strength. We have not loved
our neighbours as ourselves. We have not
forgiven others, as we have been forgiven.**

All: Lord, have mercy.

Minister: We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

All: Lord, have mercy.

Minister: We confess to you, Lord all our past unfaithfulness: the pride, hypocrisy and impatience of our lives.

All: Lord, have mercy.

Minister: Our self-indulgent appetites and ways, and our exploitation of other people.

All: Lord, have mercy.

Minister: Our anger at our own frustration and our envy of those more fortunate than ourselves.

All: Lord, have mercy.

Minister: Our intemperate love of worldly goods and comforts and our dishonesty in daily life and work.

All: Lord, have mercy.

Minister: Our negligence in prayer and worship and our failure to commend the faith that is in us.

All: Lord, have mercy.

Minister: Accept our repentance, Lord for the wrongs we have done, for our blindness to human need and suffering, and our indifference to injustice and cruelty.

All: Accept our repentance, Lord.

Minister: For all false judgements, for uncharitable thoughts towards our neighbours and for our prejudice and contempt towards those who differ from us.

All: Accept our repentance, Lord.

Minister: For our waste and pollution of your creation and our lack of concern for those who come after us.

All: Accept our repentance, Lord.

Minister: Restore us, good Lord, and let your anger depart from us.

All: Favourably hear us, for your mercy is great.

Minister: Accomplish in us the work of your salvation,
All: that we may show your glory in the world.

Minister: By the cross and passion of your Son our Lord,
All: bring us with all your saints to the joy of his resurrection.

[Silence is kept]

**All: We have not loved you with our whole heart.
We have not loved our neighbours as
ourselves. In your mercy forgive what we have
been, help us to amend what we are, and
direct what we shall be; that we may do justly,
love mercy, and walk humbly with you, our
God. Amen.**

Imposition of Ashes (optional)

Minister: Dear friends in Christ,
I invite you to receive these ashes as a sign of the
spirit of penitence with which we shall keep this
season of Lent. God our Father, you create us
from the dust of the earth; grant that these ashes
may be for us a sign of our penitence and a
symbol of our mortality; for it is by your grace
alone that we receive eternal life in Jesus Christ
our Saviour

All: Amen

Minister: Remember that you are dust and to dust you shall return. Turn away from your sins and repent.

The Peace (please stand)

Minister: Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. The peace of the Lord be always with you

All: and also with you.

Minister: Let us offer one another a sign of peace.

Preparation of the Table

Minister: Risen Lord and Saviour, present among us with the wealth of your love. Cleanse us from sin and give us the faith to offer our praise

All: Amen

Sit or Kneel

Minister: The Lord is here.

All: His Spirit is with us.

Minister: Lift up your hearts.

All: We lift them to the Lord.

Minister: Let us give thanks to the Lord our God.

All: It is right to give thanks and praise.

Minister: It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days you lead us into the desert of repentance

that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and angels for ever praising you and saying:

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest

Minister: We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

Minister: On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me. When supper was ended he took the cup of wine. Again, he praised you, gave it to them and said: Drink this, all of you; this

is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Minister: Praise to you, Lord Jesus:

All: Dying you destroyed our death, rising you restored our life: Lord Jesus, come in glory.

Minister: Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favour on your people, gather us in your loving arms and bring us with all the saints to feast at your table in heaven. Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever. **Amen.**

Minister: As our Saviour taught us, so we pray:

All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into

temptation but deliver us from evil. For the kingdom, the power and the glory are yours now and for ever. Amen.

Minister: We break this bread to share in the body of Christ.

All: Though we are many, we are one body, because we all share in one bread.

Minister: Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Prayer After Communion

Minister: Almighty God, you have given your only Son to be for us both a sacrifice for sin and also an example of godly life; give us grace that we may always most thankfully receive these his inestimable gifts, and also daily endeavour to follow the blessed steps of his most holy life; through Jesus Christ our Lord. **Amen.**

All: God of our pilgrimage, you have fed us with the bread of heaven. Refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. Amen.

Minister: Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Minister: Go in peace to love and serve the Lord

All: In the name of Christ. Amen.
