

A caring church where all are welcome to know the
Peace
and Love of God

**The Parish of Bardsey with East Keswick
The Parish Church of All Hallows, Bardsey, and
The Church of Saint Mary Magdalene East Keswick**

Order of Service for Holy Communion, Third Sunday of Lent
8 March 2026, 8am, All Hallows

The Greeting *(please remain standing)*

Minister: Grace, mercy and peace from God our Father and the
Lord Jesus Christ be with you

All: And also with you.

Prayer of Preparation

**All: Almighty God, to whom all hearts are open, all
desires known, and from whom no secrets are
hidden: cleanse the thoughts of our hearts by the
inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy
name; through Christ our Lord. Amen.**

Prayer of Penitence

Minister: Christ the light of the world has come to dispel the
darkness of our hearts. Let us turn to the light and

**All: Almighty God, our heavenly Father, we have
sinned against you and against our neighbour in
thought and word and deed, through negligence,
through weakness, through our own deliberate
fault. We are truly sorry and repent of all our sins.**

For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

Minister: May almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen**

The Prayer for Today

Minister: Eternal God, give us insight, to discern your will for us, to give up what harms us, and seek the perfection we are promised in Jesus Christ our Lord. **Amen**

The Bible Readings for Today

A reading from the book of Exodus (17:1-7)

¹ The whole Israelite community set out from the Desert of Sin, traveling from place to place as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ² So they quarrelled with Moses and said, "Give us water to drink." Moses replied, "Why do you quarrel with me? Why do you put the Lord to the test?"

³ But the people were thirsty for water there, and they grumbled against Moses. They said, "Why did you bring us up out of Egypt to make us and our children and livestock die of thirst?" ⁴ Then Moses cried out to the Lord, "What am I to do with these people? They are almost ready to stone me." ⁵ The Lord answered Moses, "Go out in front of the people. Take with you some of the elders of Israel and take in your hand the staff with which you struck the Nile, and go. ⁶ I will stand there before you by the rock at

Horeb. Strike the rock, and water will come out of it for the people to drink.” So Moses did this in the sight of the elders of Israel. ⁷ And he called the place Massah and Meribah because the Israelites quarrelled and because they tested the Lord saying, “Is the Lord among us or not?”

This is the word of the Lord.

All: Thanks be to God.

A reading from Paul’s Letter to the Romans (5:1-11)

¹ Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, ² through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. ³ Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; ⁴ perseverance, character; and character, hope. ⁵ And hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us. ⁶ You see, at just the right time, when we were still powerless, Christ died for the ungodly. ⁷ Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. ⁸ But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. ⁹ Since we have now been justified by his blood, how much more shall we be saved from God’s wrath through him! ¹⁰ For if, while we were God’s enemies, we were reconciled to him through the death of his Son, how much more, having been reconciled, shall we be saved through his life! ¹¹ Not only is this so, but we also boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord.

All: Thanks be to God

The Gospel Reading for Today (*please remain standing*)

Hear the Gospel of our Lord Jesus Christ according to John (4:5-42)

All: Glory to you O Lord

⁵ So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon. ⁷ When a Samaritan woman came to draw water, Jesus said to her, "Will you give me a drink?" ⁸ (His disciples had gone into the town to buy food.) ⁹ The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.) ¹⁰ Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water." ¹¹ "Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water?" ¹² Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?" ¹³ Jesus answered, "Everyone who drinks this water will be thirsty again, ¹⁴ but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water." ¹⁶ He told her, "Go, call your husband and come back." ¹⁷ "I have no husband," she replied. Jesus said to her, "You are right when you say you have no husband. ¹⁸ The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true." ¹⁹ "Sir," the woman said, "I can see that you are a prophet. ²⁰ Our ancestors worshiped on this mountain, but you Jews claim that the place where we must worship is in

Jerusalem.” ²¹ “Woman,” Jesus replied, “believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. ²³ Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. ²⁴ God is spirit, and his worshipers must worship in the Spirit and in truth.” ²⁵ The woman said, “I know that Messiah” (called Christ) “is coming. When he comes, he will explain everything to us.” ²⁶ Then Jesus declared, “I, the one speaking to you—I am he.” ²⁷ Just then his disciples returned and were surprised to find him talking with a woman. But no one asked, “What do you want?” or “Why are you talking with her?” ²⁸ Then, leaving her water jar, the woman went back to the town and said to the people, ²⁹ “Come, see a man who told me everything I ever did. Could this be the Messiah?” ³⁰ They came out of the town and made their way toward him. ³¹ Meanwhile his disciples urged him, “Rabbi, eat something.” ³² But he said to them, “I have food to eat that you know nothing about.” ³³ Then his disciples said to each other, “Could someone have brought him food?” ³⁴ “My food,” said Jesus, “is to do the will of him who sent me and to finish his work. ³⁵ Don’t you have a saying, ‘It’s still four months until harvest’? I tell you, open your eyes and look at the fields! They are ripe for harvest. ³⁶ Even now the one who reaps draws a wage and harvests a crop for eternal life, so that the sower and the reaper may be glad together. ³⁷ Thus the saying ‘One sows and another reaps’ is true. ³⁸ I sent you to reap what you have not worked for. Others have done the hard work, and you have reaped the benefits of their labour.” ³⁹ Many of the Samaritans from that town believed in him because of the woman’s testimony, “He told me everything I ever did.” ⁴⁰ So when the

Samaritans came to him, they urged him to stay with them, and he stayed two days. ⁴¹ And because of his words many more became believers. ⁴² They said to the woman, “We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Saviour of the world.”

This is the Gospel of the Lord. **All: Praise to you, O Christ.**

Address (*please be seated*)

Affirmation of Faith (*please stand*)

All: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate. He suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,

who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.
Amen.

Prayers of Intercession

Minister: In the power of the Spirit and in union with Christ, let us sit or kneel to pray to the Father.

*After: Lord in your mercy – please respond: **Hear our prayer***

*After: Merciful Father, please respond: **Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.***

The Peace (*please stand*)

Minister: Christ is our peace; he has reconciled us to God in one body by the cross. We meet in his name and share his peace. The peace of the Lord be always with you.

All: And also with you.

Minister: Let us offer one another a sign of peace

The Eucharistic Prayer (*please sit or kneel*)

Minister: The Lord be with you

All: and also with you

Minister: Lift up your hearts.

All: We lift them to the Lord.

Minister: Let us give thanks to the Lord our God.

All: It is right to give thanks and praise.

Minister: It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days, you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds, we bless you for your mercy and join with saints and angels for ever praising you and saying:

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Minister: Lord, you are holy indeed, the source of all holiness grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me. In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the

new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**All: Christ has died:
Christ is risen:
Christ will come again.**

Minister: And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen**

Minister: Rejoicing in the presence of God here among us, as our Saviour taught us, so we pray:

**All: Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth
as in heaven. Give us today our daily bread.
Forgive us our sins as we forgive those who sin
against us. Lead us not into temptation but deliver**

us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

Minister: We break this bread to share in the body of Christ.

All: Though we are many, we are one body, because we all share in one bread. Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, grant us peace.

Minister: Draw near with faith. Receive the body of our Lord Jesus Christ, which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

All: Most merciful Lord, your love compels us to come in. Our hands were unclean; our hearts were unprepared; we were not fit even to eat the crumbs from under your table. But you, Lord, are the God of our salvation, and share your bread with sinners. So cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.

You are most welcome to come to the altar rail to take communion. If you would prefer to receive a blessing, carry this service sheet with you.

The Post-Communion Prayer

Minister: Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil,

and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. **Amen**

All: Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Minister: Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, Father, Son and Holy Spirit, be with you and remain with you always.
Amen.

Go in peace to love and serve the Lord.

All: In the name of Christ. Amen

Please stay for refreshments after the service.

Services in March

(all services could be subject to change check website)

Sun 15 Mar: **Mothering Sunday**

8.00am Holy Communion, AH

9.15am Family Service, SMM

10.45am Family Service, AH

Sun 22 Mar: 10.30am Joint Holy Communion, SMM

Sun 29 Mar: **Palm Sunday**

10.30am Joint Holy Communion, AH

Callister Café

Will be open on Tuesday 10th March at 12.45-2pm at the Callister Hall. Please come along all welcome. No charge, but all proceeds to St Aidan's Foodshare.

Churches Together

Churches Together will be holding a Lent Reflections on Tuesday 17th March from 7-8pm at East Keswick Methodist Church. All are welcome to come for reflective prayer, music and refreshments.

Please note we are an inclusive Parish - a church which celebrates and affirms every person and does not discriminate.

The Ecclesiastical Parish of Bardsey with East Keswick
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