Village LEWS AUGUST – SEPTEMBER 2023



A round up of church news and activities from the villages of Bardsey, East Keswick and the surrounding area

Warm summer sun, Shine kindly here, Warm southern wind, Blow softly here. **Mark Twain**

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From the Vicarage



Angela Hannafin

Welcome to our August and September edition of the Parish News. Thank you again to all our contributors and all those who deliver the magazines into the hands of local residents.

We've made great strides to become an 'eco' parish over the last couple of years. We've obtained bronze and silver status for both our churches and now we're on our journey to gold status. It's not about ticking boxes, though. This is about culture change for us all. Thinking about how to live our lives sustainably impacts everyone now, and the choices are often not easy to make. We realise in this parish we are all heavily dependent on our cars, which doesn't help! However, those culture changes often start with awareness. At a recent service, we asked all worshippers to complete a short lifestyle survey. It was good to see that most people seemed to know that the Church of England aims to be carbon neutral by 2030!

So what have we done to be 'eco'? Well. our service sheets are printed on recycled paper and we're trying to use our screen where we can (although paper service sheets are available on request). We have a recycling hub in All Hallows. Our church lights are organised in 'zones' so we only light areas we need. We use eco-friendly cleaning products and recycled toilet paper. We use ethically sourced tea/coffee for refreshments and ethically resourced electricity/gas. We pray for environmental issues each week and speak about the importance of looking after the earth in church regularly. Caring for God's earth matters to us because it matters to God. We read in Genesis that everything God had made was 'good'. All the created order needs to be protected and allowed to flourish, including humans.

With that in mind, we are organising a 'Green Fair' at All Hallows Church on 9 September. We hope you'll join us as we work together to support sustainable living. See page 18 for more details.

And if you're reading this and are really interested in all things eco, perhaps you might consider helping us on our journey? We'd love to hear from you.

With every blessing

Angela



Parish Church Services

DATE	LOCATION	SERVICES		
WED 2 AUG	St Mary Magdalene	11.00am Holy Communion		
SUN 6 AUG	All Hallows	10.00am Joint Holy Communion		
SUN	All Hallows	8.00am Holy Communion 10.45am Family Service with baptism		
13 AUG	St Mary Magdalene	9.15am Family Service		
SUN	All Hallows	8.00am Morning Worship 10.45am Holy Communion		
20 AUG	St Mary Magdalene	9.15am Holy Communion		
SUN 27 AUG	All Hallows	8.00am Holy Communion 10.45am Morning Worship with baptism		
	St Mary Magdalene	9.15am Morning Worship		
SUN 3 SEP	St Mary Magdalene	10.00am Joint Holy Communion		
WED 6 SEP	St Mary Magdalene	11.00am Holy Communion		
SUN	All Hallows	8.00am Holy Communion 10.45am Family Service		
10 SEP	St Mary Magdalene	9.15am Family Service		
SUN	All Hallows	8.00am Morning Worship 10.45am Holy Communion		
17 SEP	St Mary Magdalene	9.15am Holy Communion		
SUN 24 SEP	All Hallows	8.00am Holy Communion 10.45am Morning Worship		
	St Mary Magdalene	9.15am Morning Worship		
SUN 1 OCT	All Hallows	10.00am Joint Holy Communion		

From the Register

We congratulate those whose weddings have taken place

MEGAN HILLS AND NATHAN EVANS

Saturday 1 July, All Hallows

We welcome those who have been baptised

EDWARD HENRY KING

Sunday 9 July, All Hallows

NOAH OLIVER HOLDSWORTH

Sunday 9 July, All Hallows

We remember those whose funerals have taken place

JOYCE WARNER

Tuesday 13 June, Stonefall Crematorium

MONICA GILL

Thursday 15 June, All Hallows

A Caring **Community**

Both churches recently received a generous donation, to be specifically used for 'social projects' across our parish. After some thought and prayer, we discussed a few ideas together as a leadership team. We chose to give money to St Aidan's, our partnership church, where food donations have been particularly low recently. We also gave money to Leeds Disabled Riding Association, based in Wike. Angela volunteered there on the 'Big Help Out', over the coronation weekend, and

discovered this local charity, which was running with little support. They asked for money to go towards hay for the horses, and towards the purchase of 'Robbie', a new horse. One of our church leadership team also suggested that the money might go to Zarach, a Leeds-based charity set up for children and families in poverty crisis. We were able to give them some money for bedding. And finally, we were able to give some money to a local school for a family who needed support.

It has been so humbling to be able to help local people who need it, and we are so grateful to the donor who allowed us to do this

Volunteer with **Scouts**

Volunteering can be good for you!

Bardsey Scouts Group is a thriving group that provides exciting opportunities across Bardsey, East Keswick and the surrounding areas.

We have more than 60 young members across the Beavers, Cubs and Scouts sections, plus many more on the waiting lists. Each week, they take part in a variety of activities which enrich their lives and give them wonderful experiences. Kayaking, Camping, Karting, Cooking and many other things (not all starting with a K or C, of course).

To make this possible, we currently have over 20 helpers, leaders, young leaders and general superheroes who support the scouting activities.



But we'd love to welcome more volunteers to our team. Whether you'd want to be a leader, an occasional helper or an 'as-often-as-you-can-er!', please do get in touch.

And believe me when we say it's good for you. Research has shown that volunteering has a positive impact on your life, increasing life satisfaction, selfesteem, confidence, and also help you build many employability skills. Whilst also reducing feelings of loneliness and stress – what's not to like?!

So why not get in touch and find out how you can join the fun. Contact Mick Bee, Group Scout Leader, on **07572 337698**



Bardsey cum Rigton **WI Update** that

Carol Cocker



The WI had yet another busy month, and we have been enjoying the warmer weather

In June, Arun Gujarat explained the philosophy behind Tai Chi and demonstrated some of the basic moves. Nearly all those attending joined in. We had lots of Chinese items for the competition.

We joined with the rest of the Golden Plover Group, to enjoy a 'summer garden party' at Hazel Smith's, on 5 July. The coronation bunting displayed around the garden perimeter looked amazing – a true party atmosphere, and there were of course lots of delicious cakes.

On 10 July we made our biennial trip to Harden. We have had an exchange arrangement with this small village WI for many years. After a light meal and a catchup chatter, the 'Crossley Duo' entertained us with music and singing. They demonstrated versatile skills on a number of musical instruments and sang an eclectic range of songs from early English Chaucer to the Beatles and Fleetwood Mac.

More musical entertainment at our meeting on 14 July, when at long last, we welcomed 'The Song Birds'. It was well worth the wait. Their repertoire covered a wide range of musical themes and moods. Flying BA will somehow never be quite the same experience again.

9 August

A change of tempo. Our advertised speaker has been changed but the topic is still family

history. Barbara Rodgers from East Keswick WI will be telling us of the fascinating life of her family. The competition is an "old family photograph".

Monday 21 August

Golden Plover Group invite you to join an informal walk (meet 10.30am), followed by lunch (12noon) at The Inn at Scarcroft.

Our meetings are on the second Wednesday of each month at 7.30pm in Bardsey Village Hall and visitors are always very welcome.

Wetherby Camera Club



East Keswick Methodist Church

SFRVICES

All services are at 10.30am unless otherwise stated. We welcome all and everyone to our services and to join us for tea or coffee after the service.

6 August

Keith Hartrick

13 August

Fellowship Service, united at Collingham

20 August

Communion, Rev S Jakeman

27 August

David Mountain

East Keswick Methodist Church Main Street, East Keswick, LS17 9EJ T: 01937 573434 Free Wi-Fi now available

Church Steward: Penny Harrison



TEDDY BEARS PICNIC & ACTIVITY AFTERNOON Wednesday 23 August, 2 - 4pm

With 'Teddy Trail', games, quiz, story, songs and craft activities. Bring your own picnic (drinks provided). All children (primary age) and adults welcome. Please bring your teddy! No charge but donations appreciated. Looking forward to a fun filled afternoon, we hope to see you there.

SOUPER THURSDAY

It may be summer but we will still be serving delicious homemade soups and puddings at EKMC on Thursday 24 August and 28 September, at noon. We'd love to see you there!

East Keswick WI Update

Elizabeth Ward



Members ventured to the 'Milk Churn', at Scarcroft, for the July meeting and enjoyed tea, cake and a good chat.

On 5 July ten members attended the Golden Plover group Garden Party, at the home of Hazel Smith, more tea and cakes!

8 August

Garden Party at the home of our President.

12 September

"Being a Magistrate" by Graham Smith. Competition: 'An old document'.

Meetings are held at 2pm on Tuesdays in East Keswick Village Hall. Visitors are always welcome and we look forward to seeing you..

East Keswick Flower Club

Sarah Spencer

We had an interesting member's summer lunch in June with a very good speaker, Matthew Walker, who talked on "cyber crime". Those present heard about three safety features we all could use when using our computers, phones or tablets.

- * Do update your computer when notified.
- * Do use unique passwords with upper and lower case letters, special characters and numbers.
- * If in doubt about an email do not open it but take advice from someone, and do not respond to requests for money!

If you are wondering about what this has to do with flowers, it has everything to do with friendship, as much talk was enjoyed and the raffle provided seven lucky winners with their table arrangements!

Following that in July we had a wonderful trip to a family farm 'Floral Media' near Newark, who grow their own flowers. There was a delicious lunch, a demonstration and a tour of the house gardens and growing fields, as well as a chance to wonder round at our own pace at the end.

17 August

Join us for 'Afternoon Delight'. It will be fun and delicious!

21 September

There will be a demonstration by Carole Wickham entitled 'Through the years'. This starts at 1.30 and everyone is welcome, so why not come and see what it is all about. East Keswick Village Hall is the venue and you will be made very welcome as we are a friendly bunch of ladies, who share a love of flowers.



Delightwith
Susan Maddocks

Thursday 17 August 1.00pm for 1.30pm East Keswick Village Hall

Tickets are £20 including afternoon tea. They are available from Sue Cooper 01937 583831 (Flower Club and Acorn LLC)

East Keswick Village Hall

PLEASE CONTRIBUTE TO THE VILLAGE HALL'S FUTURE

Following the recent announcement of the Village Hall's intention to purchase the Illingworth Field, we are extremely pleased that the Village Hall's bid was successful, and the offer was accepted.

WE WANT TO SAY A VERY BIG THANK YOU

TO EVERYONE WHO ENCOURAGED US!

In 2023, the Village Hall quietly marked 75 years since the land was donated to our village by the Harewood Estate. Over this period the Village Hall has provided a venue for a plethora of community groups and wider social activity.

Purchasing the Illingworth Field contributes to the long-term sustainability of this vital community asset and, working alongside the Wildlife Trust to support our environment. It also prevents the field being sold for unsuitable development purposes, which could adversely impact village life.

Over the coming months, the community will have the opportunity to take part in a series of consultation activities that help shape the Village Hall's future. Please visit our website and social media on how you can get involved.

The costs and legal fees relating to the purchase of the Illingworth Field will be met by a combination of Village Hall reserves, grants and public donations. Our fundraising target is £50,000. Your donations, no matter how small, will make an enormous difference.

WILL YOU HELP US TO SEE IT THROUGH?



Photo by: C. Thackeray. Copyright 2023 East Keswick Village Hall. All Rights reserved.

YOU CAN DONATE BY:

PAYING ONLINE

Account No. 81035282 Sort Code 40-46-21 Reference: "LAND/your surname"

BY CHEQUE

Payable to "East Keswick Village Hall" Send to David Wort (Treasurer) Village Hall Appeal 24 Church Drive, East Keswick, LS17 9EP

Please write your name, address and email on the back of your cheque.

MAKING A PLEDGE email treasurer.ekvh@gmail.com

THANK YOU FOR YOUR CONTINUED SUPPORT!

Gift Aid

Saying "Yes" to Gift Aid means for every pound you donate, the government will give an additional 25p towards the purchase of the Illingworth Field. Visit www.eastkeswickvillagehall.org/gift-aid or email treasurer.ekvh@gmail.com to say "Yes" to Gift Aid.

East Keswick Parish Council

News and meeting updates for May and June 2023

Following recent elections Councillors Bailey, Groves, Edwards and Ballmann were co-opted and signed the relevant paperwork.

Sports Ground: Cllr Groves had a meeting with Yorkshire Cricket Board who have advised the PC to have a Pitch Advisory Inspection at an approximate cost of £500. The inspection has been carried out and a report prepared which the PC is awaiting receipt of. Cllr Groves has also arranged for West Riding FA to carry out a pitch inspection, the resulting reports will allow the PC access to funding opportunities.

Sports Ground Long Term Plan: Leeds Superkings Cricket Club are currently in discussion with EKSA regarding making the EK ground their home. They will attend the July meeting to discuss.

Queen Elizabeth II Memorial: Cllr Bailey is working with East Keswick Plant Centre regarding the planting of a memorial Copper Beech. Planters are also to be constructed at two locations in the village.

King Charles III Coronation Benches: Cllr Harrison is in conversation with LCC and Ward Councillors regarding purchase and installation in the village.

Crabtree Lane Car Park: It was noted there are a lot of potholes in the car park. It was agreed to ask Cllr Robinson to follow up with LCC Highways. Cllr Waterfield proposed a QR code system for parking.

Pavement Creep: Vegetation and soil creep across pavements in various parts of the village have been reported to LCC.

Village Walks: These were carried out on 14 and 21 June to ensure recorded use of village footpaths and rights of way.

Land Purchase Update: A parcel of land stretching from behind the Village Hall (VH) down to the beck recently came up for sale in the village. The PC had originally intended to bid for the land to secure it for village use in perpetuity. Following discussions with VH Trustees, it was decided the PC would withdraw from bidding on the land directly behind the village hall and instead concentrate efforts on the remaining parcel. The VH Trustees have subsequently been successful in their bid and the remaining parcel of land has now been withdrawn from sale. The PC wholeheartedly support the VH Trustees in their land purchase and view this as a fantastic gain and opportunity for the whole village.

PC meetings are held on the third Tuesday of every month (except August) at 7.30pm in the Verity Room of the Village Hall. The next meetings are on **19 September** and **17 October**.

The first ten minutes of all Council meetings are set aside for residents to bring any concerns and/or comments to the Councillors.

BARDSEY GALA

BARDSEY SPORTS CLUB
SUNDAY 27TH AUGUST
STARTS AT 1PM
FREE ENTRY







★DUCK RACE



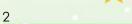






* BBQ







Bardsey Gala

Assistance required!

To enable us to put on the best show possible we are putting a shout out to the community for some assistance and require the following.

Volunteers: The event requires many people to make it a success, if you are able to help in any way it would be great to hear from you, we require help to set up, take down and assist with the various activities.

Crockery: If you have any unwanted crockery please can you donate it to the Gala for the 'Crockery Smash'.

Cakes: Any bakers out there who would like to donate cakes or biscuits, they will all be gratefully received. The cake stall is one of the most popular, and it always sells out.

Tombola: We always require prizes for the tombola, if you have anything you can donate please do.

Bottle Tombola: Please donate a bottle of anything. Everything is acceptable from shower gel to whiskey.

Please contact Kate Hughes on 07985 188382 or e-mail dan_hughes59@hotmail.co.uk

East Keswick Wildlife Trust

Elaine Woolley

We are delighted to announce that we have now completed the purchase of Bardsey Fields and would again like to thank everyone who supported us in this.

Over the first year we intend to monitor the flora and fauna of the site so that we have a baseline for the variety of species that live in this valuable habitat. We are lucky to have Alice working with us, who is an undergraduate student at the University of Leeds studying Environmental Science. She is undertaking a hydrology project in Bardsey Fields looking into the drainage of the site and it's biodiversity.

We will be engaging with the local community on the future management of Bardsey Fields. Initially we will have a stand at the Bardsey Gala on Sunday 27 August and also at the 'Green Fair' at All Hallows, Bardsey, on Saturday 9 September, so please come along and let us know your thoughts.



If you are not already a member, please consider joining and help support our local wildlife.

- Family membership £25 per year
- Single membership £15 per year
- Students and concessionary membership 65+ years £10 per year

For more information please visit: www.ekwt.org.uk or email info@ekwt.or.uk or membership@ekwt.org.uk

Cinema Night

Rosie Stentiford

Thanks to everyone who came and enjoyed the films we showed at Cinema Night, despite the early technical problems.

Because of your support, we raised £560 for village hall funds.

We will be starting again in October although no dates or films have yet been decided.

If you have any suggestions, please let me know on **01937 572652**.

Hope to see you in October!



East Keswick Cricket Then and Now

Just over 70 years ago the men of the East Keswick first team were the 1952 Evening Cup winners. The young men, all lads from local farming and village families, had grown up playing cricket and football together on pitches provided by a local land-owning family, the Luptons. The team, captained by Peter Lupton, went on to be farmers, mechanics, engineers, drivers, one even entering a monastery.

These men are all gone now but the spirit of cricket lives on in East Keswick. The sports ground recently came under the care of East Keswick Parish Council and cricket continues to be played there weekly throughout the season. Regular fixtures are played by teams in the Dales Council Cricket League (DCCL), and next season it will again be home to one of the DCCL teams.

The Parish Council are looking for people who can commit to running the Sports Association as committee members. If you live locally and are interested, please contact Barry Groves at barry@eastkeswick.org.uk



East Keswick First Team, 1952

Back row (L-R): Victor Marsh, Tony Brough, Jack Kilcos, Ron Wooler, Fred Curran, Peter Barber Front row (L-R): Bob Stone, George Baxter, Peter Lupton, George Varley, Tony Mulrooney

Photograph and information courtesy of Mr. Michael Curran, East Keswick

Bardsey-cum-Rigton Parish Council Report

Cllr. Linda Flockton

Report from meeting on 21 June



Footpath 7 (Blackmoor Lane to Syke Lane): A hedge alongside this footpath was very overgrown making it difficult to access. We reported this to Bob Buckenham of Public Rights of Way, who addressed the problem straightaway.

Woodacre Lane: The last bend in the road near Bardsey school was badly overgrown with tall grass and weeds and was obscuring sight lines and needed cutting back urgently. We reported this and it was quickly cut back.

Reminder: Harewood Bridge will be closed in both directions to all vehicles for four weeks from 26 July to 24 August, for essential maintenance. The footway will remain open throughout the works.

Park Field (just off Keswick Lane at the back of the sports club and playground): There has been a lot of work done in Park Field mainly by Penny Barber who leads the Friends of Park Field Group, with the help of Cllrs Ward and Flockton. The invasive Himalayan Balsam has been cleared along with goose grass and nettles which were overtaking everything else. There are now natural areas where foxgloves, thistles, some nettles and other wild flowers are flourishing, also blackberries and raspberries are growing well. There are open grassed areas where children can play and perhaps kick a ball around and also benches for families and people to sit in the sunshine, and for picnics during the summer months.

We would like to thank our Ward Councillors, Matthew Robinson, Ryan Stephenson and Sam Firth who have each awarded some grant money totalling £1,500 for repairs and works of stairs and improvements to the walking route on the embankment as well as additional maintenance for Park Field.

Flower tubs & village signs

The flower tubs and village signs have been planted up with begonias and lobelia by Cllr Flockton and Pauline Hills. Thank you to everyone who waters and looks after the tubs throughout the year. Also many thanks to Pam Snowden and Sue Jubb for planting up and looking after the tubs on Tithe Barn Lane and near to the duck pond.

Litter picking: We would like to thank Bev Humphries and everyone who picks up litter, often on a daily basis, and keeps our village tidy all year round.

Stones placed on council verges: Recently, we have received complaints about the number of large stones which have been placed on grass verges, outside or adjacent to resident's properties. Please be aware that, in the majority of cases, these grass verges are owned by Leeds City Council and if residents have placed large stones on these verges, they could be liable for any damage to vehicles or pedestrians caused by these objects, whether on the verge or if they fall onto the road.

Parish walks: The second parish walk on the west side of the village will take place on Saturday 5th August led by Cllr Linda Flockton. Please meet at the bottom of Mill Lane at 2pm.

There will not be a meeting in August and therefore the next meeting will be held on Wednesday 20th September at 7.00 pm in Bardsey Village Hall Committee Room. The first ten minutes will be set aside to deal with any issues raised by residents

Full minutes and other information is published each month on our village website www.bardseyvillage.org.uk

Man or Ironman?

Mike Bosomworth

I live in Bardsey where I am a Parish Councillor and Chair of the Sports Club, but this article is not about either of those organisations. It is about my attempt to complete an Ironman Distance Triathlon to raise money for brain research at Leeds Teaching Hospitals.

Having completed a number of self-funded, fund raising challenges over the last 20 years, I was a bit stumped as to what I should attempt next. Especially as now in my 70th year, I wanted a different challenge to anything that I had done before. Then, in a moment of lunacy it came to me. Why not attempt an Ironman?

I signed up for the UK Ultimate Triathlon (Ironman distance - 2.4 miles swim, 112 miles bike ride and 26.2 miles run (marathon)) on Sunday 22 June. Whilst this challenge had to be completed within 17 hours, little did I realise just how much preparation was required.

I had approximately 16 weeks to prepare before the event. This meant doing one, if not two, of the three disciplines every day, bar one rest day each week. Whilst I managed to avoid serious injury during training, my feet became increasingly painful during the long bike rides and runs.

An important part of training, was to ensure that I did a short run after at least some of the bike rides. This is called a transition run and it is meant to get ones legs used to going from the bike, into the run. Finally, nutrition needed to be considered. I am not a fan of high energy bars or gels and so this in itself presented something of a challenge. Finally for the bike leg I settled for two Setchfield pork pies, a fruit bread jam sandwich and two granola bars. For liquid I used an

electrolyte drink from the feed stations at every 14 miles and water. On the run I again used the events electrolyte solution, water, an occasional cup of Coke and fruit shortbread biscuits.



All in all the training and the event itself proved to be a major challenge and one that I am unlikely to repeat. My major concern was to complete the 2.4 mile swim in less than the official cut-off time that originally was 2 hours 30 minutes, but during the week before the event was reduced to 2 hours 15 minutes – I've no idea why. Fortunately, my time was over 30 minutes inside the cut-off. I cycled the 112 miles in well under 7 hours and competed the marathon in 6 hours. Overall, I was around 2 hours within the event cut-off time. My major problem, apart from a torrential downpour during the bike leg, was the pain in my feet, which have not vet recovered!

This, my latest challenge, was just that - a major challenge. One that I am pleased that I succeeded in doing, but one that I am unlikely to repeat. However, it was for a very good cause. For more information regarding brain research in Leeds, please visit:

www.leedshospitalscharity.org.uk/Appeal/ yorkshire-brain

Man, Ironman or a mid-life crisis? None of these really. Just trying to challenge myself whilst I still can and in the process raise money for good causes.

Callister Café

Our monthly lunch and social space for anyone living in and around Bardsey. All welcome.

Homemade lunch served from 12.45-2.00pm on the second Tuesday of the month. It's free but donations are welcome, to go towards the St Aidan's Foodshare.

Join us on **8 August** and **12 September**, and look out for 'pop up' Callister Café events over the summer.

Not quite Paris but just as lively!



Bardsey with Collingham Mothers' Union

Elizabeth Otty

I hope you have all survived the hot weather and are feeling much more comfortable now the rain has come.

Our June meeting was rather depleted due to a variety of reasons, but our Branch Leader led a short act of service with a reminder about our community.

Knitted matinee coats are required as are donations to the foodbank.

It was decided to give £100 each to the MU Caravan at Filey and the MU 'Summer of Hope' campaign.

Ailsa Read was our speaker for the afternoon and told how 11 people from Pendle were executed in dreadful circumstances in the 17th century for using flowers and herbs for medicinal purposes. Ailsa had done her PhD on the subject and

had also walked the 51 miles alone from the village to Lancaster Castle where they were killed. She brought the story alive with pictures and items and was much appreciated.

For our July meeting Pat Normington was to be our speaker but once again membership was depleted, perhaps because of holidays, so it was decided to just have a pleasant afternoon chat and to delay Pat's talk until a later date.

10 August: We will enjoy a special 'Afternoon Tea' in the Callister Hall. This is always a very friendly affair, and the sun usually shines.

14 September: Often a lovely month, and members will gather and tell of 'a good holiday' they have had in the past or more recently. It is wonderful to recall good times.

Our meetings start at 2.15 pm on the second Thursday in the month in the Callister Hall and there is always a very warm welcome for all.

Green Fair

FINDING WAYS TO LIVE MORE SUSTAINABLY

Saturday, 9 September All Hallows Church, Bardsey, 1.00 - 4.00pm

More and more we are seeing the impact of climate change somewhere in the world, and it's clear that we need to take urgent action to address the impact we are all having on the delicate environment of our planet.

As a parish we are striving to achieve 'Gold A Rocha' environmental awards for our two churches, by taking positive actions to minimising our carbon emissions and work in ways that help to safeguard the natural world.

But the parish is more than just our two churches. We need the support of every individual and household in our villages, if we are to fully play our part in protecting creation.

So, we have organised an afternoon which will focus on the simple actions we can all

take to reduce our carbon footprint, help to improve biodiversity and to live in a more sustainable way.

There will be a talk from Boston Spa Green Group, a variety of stalls, displays and activities including;

- Bardsey Academy
- Children's Clothes Swap
- Compost Corner
- East Keswick Wildlife Trust
- Ice Cream
- Scavenger Hunt & Woodland Crafts
- Wood Turning

Please come along and see how you can help to preserve a planet fit for today and tomorrow.

We particularly want to encourage young people to attend, so that they can be involved in securing their own future and see what it means to live more sustainably.

Refreshments will be available and entry is free of charge.



Bardsey **Gardeners**

Hannah Tebbett

Greetings from the committee at Bardsey Gardeners, we hope you're having a good growing season and have enjoyed the recent rain!

Our **Annual Show** on **2 September** is fast approaching and will as always be held across the Village Hall and Callister Hall, in Bardsey. Doors open for the public at 1.30pm and teas will be served all afternoon. We hope that lots of you are planning to come along and will enter a class or three.

We are a relaxed local show, so we are not expecting you to have grown two foot long runner beans! It is all about the taking part. We've got classes for everyone this year including the tallest annual weed - so have a go, you might win a cash prize or even a cup!

Show schedules are now dotted about the village, look out for the white booklet. You can also access it online by typing this address into your browser: bit.ly/3XVP2P (it is case sensitive). You can still bring your form down to the Hall on a Thursday evening as was always the case.

We are still looking for some judges for three classes, 'Flowers', 'Floral Arrangements' and 'Handicrafts'. You do not need any formal qualifications to judge any of our classes - keen amateurs are definitely welcome. We also need help with stewarding, which is basically just chaperoning a judge and ferrying their decisions to the show secretary. All judges and stewards receive a complimentary slap up lunch - so what's not to like?!



We would also do with some help preparing that lunch and the refreshments on the afternoon for visitors. If you think you could spare an hour or two between 10.30am and 4pm on 2 September it would just be a bit of making teas, serving cakes and washing up. The more the merrier.

Lastly we are very happy to welcome any stall holders who would like to set up at the show for the afternoon - we will try and accommodate you inside, but if we're busy it might need to be outside (pray for sun!) - so a gazebo might be helpful if you have one.

For any questions or to offer help for the Show please drop us an email at bardsey.gardeners@gmail.com

Our ever popular local open gardens in the village are well underway – if you'd like to come along drop us a line at the email address above and I'll send you all the details. If you're not already a member you can always join when you come along. Membership is £5 for an individual or £10 for a household for a year. For the first time members will receive a discount on entry prices to the show.

Some of you may know that we have been helping the school to create a brand new garden which is now (almost) fully planted up – it took only a few days before the bumblebees turned up. It goes to show that even a little bit of planting goes a long way supporting wildlife in our village so give it a go!

May you find joy in your garden big or small this summer.

Bardsey and East Keswick Running Club

We've had another few months of amazing achievements. We had a fantastic attendance at the Shadwell 10K where two of our ladies finished 1st and 3rd. Their achievements were however no greater though than some of our newer members who ran their first ever 10K races - a number who were graduates from our Couch25K sessions earlier in the year.

Mike "The Iron Man" Bosomworth, at 69 years old, competed in his first full Iron Man. 2.5 miles of swimming; 112 miles of cycling and a gentle 26.2 miles of running. All in the aid of brain research.

A club team entered Endure 24 (a 24-hour relay race) and they covered 150 miles and finished 28th out of 557 teams.



These achievements though are no greater than a lady who has recently joined us after knee surgery. She wanted to start running and improve her fitness. After a few weeks she is now running 5km without stopping.

Our club isn't just about competitions, we have many members who just come for fitness and social runs so come along and see what we're all about.

Find us on Facebook or give us a call on **07508 601294**.



Diary Dates				
	AUGUST		SEPTEMBER	
5	Parish Walk, 2pm	2	Bardsey Gardeners Annual Show, 1.30pm	
8	EK WI, 2.00pm	5	Golden Plover Garden Party	
8	Callister Café, 12.45pm	9	Green Fair, 1-4pm	
9	Bardsey-cum-Rigton WI, 7.30pm	12	Wetherby Camera Club Open Evening	
10	Mothers' Union, 2.15pm	12	EK WI, 2.00pm	
17	Afternoon Delight - EKFC, 1.30pm	12	Callister Café, 12.45pm	
20	EK Parish Council AGM, 7.30pm	13	Bardsey-cum-Rigton WI, 7.30pm	
21	Bardsey Parish Council, 7pm	14	Mothers' Union, 2.15pm	
21	Golden Plover Walk and Lunch	19	EK Parish Council, 7.30pm	
23	EKMC Teddy Bears Picnic, 2pm	20	Bardsey Parish Council, 7pm	
24	EKMC Souper Thursday, 12 noon	28	EKMC Souper Thursday, 12 noon	
27	Bardsey Gala, 1pm			

Village Groups and Facilities



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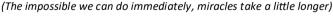
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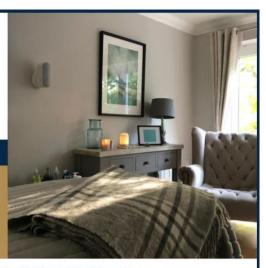
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A digital copy of the magazine can be viewed or downloaded from the parish website and is also available by email on request.

We welcome contributions from our village communities, relating to news,

events and topics of interest, for possible inclusion in the magazine, without charge, which would be published at the discretion of the editorial team.

Please send entries for inclusion to: bardseypcc@gmail.com

Copy deadline for the October -November 2023 edition is Friday 15 September.

If you missed previous editions you can still find them on the parish website.

Please note, articles in this magazine express the views and opinions of diverse groups. They do not represent a formal policy of the Church.

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